



UPSAC – Risk Assessment for COVID-19

v1 21 SEPT 2020 – Andy Burns

Activity: SCUBA Diving and indoor pool use		
<p>The club utilises indoor pool facilities for the initial training of scuba diving students. This risk assessment covers how the COVID-19 requirements will be adhered to while undertaking indoor pool training activities. It does not cover the generic risks of scuba diving, please refer to the UPSAC-Risk-Assessment-2020-21-May-20-v3.docx for this, filed on the group drive & with SU.</p> <p>Foreword: The COVID-19 outbreak poses additional risk to members and the public which require additional consideration to ensure the continuation of safe diving. Any diver or participant in such activities will be informed to stay home and will not be allowed to partake in any club diving activities, where they are:</p> <ul style="list-style-type: none"> • displaying symptoms of COVID-19 as set out by the NHS, • self-isolating, or • residing with an individual displaying such symptoms or self-isolating. <p>Participants will be reminded to maintain good hand, respiratory and personal hygiene at all times. During training and diving, the club will follow the current Government advice, the BSAC safe diving recommendations and COVID-19 guidance.</p>		
Group: UPSAC	Assessor(s): Andy Burns – BSAC Branch Diving Officer Elliot Murdock – President UPSAC Society	Contact: 07802 174834 Contact: 07397 174995
Guidance/standards/Reference documents	Competence requirements	
<p>All diving activities carried out by the club follow BSAC safe diving recommendations which can be found here: https://www.bsac.com/safety/bsacs-safe-diving-guide/ This document is produced by a highly</p>	<p>Role: Diving Officer</p>	<p>Skills, experience, or qualifications: The Diving Officer has ultimate responsibility for diving activities and delegates his/her authority from the National Diving Officer to the Training Officer to conduct training at branch level. The Diving Officer is responsible for the award of in-club qualifications and is the only branch member with this authority other than the lead instructor. The Diving</p>



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<p>qualified and experienced team from BSAC (the National Governing Body for Scuba Diving and Snorkelling in the UK). As such it shall be considered the minimum benchmark for all diving practices.</p>		<p>Officer is responsible for the conduct of divers within the club and therefore, although not necessarily present, should have an awareness of all branch diving activity.</p>
	<p>Role: Instructor / Assistant Instructor</p>	<p>Skills, experience, or qualifications: Instructors are primarily nationally qualified individuals who have passed strict theory and practical examinations by national assessors. They will be highly qualified in their own diving and very experienced. The minimum grade is 'Practical Instructor'. Assistant instructors will have attended national training but not have passed any examinations. They will require constant supervision from fully qualified Instructors who are the only people who can sign off any elements of training. A fully qualified Instructor must always be present if an Assistant Instructor is teaching and the Assistant Instructor must have a fully qualified Instructor's permission to teach.</p>

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Task	Hazards	Affects Who?	Likelihood	Impact	Score	Control Measures	Additional Control Measures	Action by whom?	Likelihood	Impact	New
Any	COVID-19 transmission from infected individual attending diving	All	3	2	6	An individual who has displayed any COVID-19 symptoms (irrespective of a COVID-19 test result) is not permitted not attend any activities within 14 days of their last display of symptoms and is to follow all NHS guidance: https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/	Contact details will be taken for all attendees and held securely for the period of the academic year. Contact details will be used to facilitate a 'track and trace' procedure in the event an attendee begins exhibiting symptoms after the activity. All attendees to the activity must be notified of the event immediately and practice the NHS guidance.	All	1	2	2
Equipment loan and Use	COVID-19 transmission by using dive equipment that has been handled by others	Divers	2	2	4	All equipment should be stored in a box/bag for individual use to prevent cross contamination. All equipment must be allocated to one diver for the duration of the session.	Although always recommended, divers should be encouraged to supply and use their own personal equipment. All club owned equipment must be washed with in	Divers	1	2	2

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						All loan equipment must be washed in fresh free-flowing water or in separate water to the equipment of other divers. Following this it should be soaked in disinfectant solution for 10 minutes, rinsed in fresh water and allowed to dry for 72 hours before the next use.	appropriate disinfectant solution.				
Equipment collection and return	COVID-19 transmission due to close proximity in the equipment storage facility	Divers People helping with equipment collection	2	2	4	No more than one person should be in the kit storage area at any one time. Each diver should only enter the kit storage upon collection to pick up their own equipment.	Where possible kit should be designated and sorted into individual bags for each diver at least 3 days prior to being collected for diving to allow time for the equipment to cease being contaminated. Where possible divers should travel in the same vehicle as their equipment and be the only one to load and unload it	All	1	2	2
Using changing	COVID-19 transmission	Divers	2	2	4	Each individual will closely follow the guidance of the		All	1	2	2

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facilities on site	due to close proximity and the contamination of surfaces				indoor pool facility. If possible, a diver should use a single spot in changing facilities throughout the time visiting the facility. Social distancing must be maintained while in changing facilities and numbers limited if necessary.						
Spitting in a mask	COVID-19 transmission through fluid exchange	Divers	1	2	2	Divers must not spit in their masks. They must use a suitable defog solution instead.	All masks must be rinsed in fresh running water or the swimming pool water only. Buckets of water to rinse several masks must not be used.	Divers	1	2	2
Performing tasks as a buddy pair – Kitting Up	COVID-19 transmission due to close proximity and contact with equipment	Divers	2	2	4	Divers should be as self-reliant as possible, assembling their own equipment and using a bench, to assist with their kitting up process.	Where assistance is required, buddies must wear suitable face coverings and gloves.	All	1	2	2
Performing tasks as a buddy pair	COVID-19 transmission due to close proximity and	Divers	2	2	4	Divers must not breathe from the alternate source during the buddy check and should instead demonstrate it is	Buddy check should be conducted at a distance.	All	1	2	2

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– Buddy Check	contact with equipment					working through using the purge system.					
Performing tasks as a buddy pair - Diving	COVID-19 transmission due to close proximity and contact with equipment	Divers	2	2	4	Whilst underwater, wearing full protective equipment and breathing filtered air, coronavirus transmission should not be possible. guidelines to social distance should not be necessary while underwater and divers must ensure that they are still able to maintain visual contact and be able to assist each other as needed.		All	1	2	2
Diver Training	COVID-19 transmission due to contact with equipment and contact	Divers				See separate training guidelines					
First aid and CPR	COVID-19 transmission due to contact with	All	3	2	6	While maintaining social distancing may not be possible, appropriate additional safety measures should be taken to ensure	Avoid approaching the casualty's face except to ensure that airways are open (e.g. breathing can be assessed by observation of	All	2	2	4



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	equipment and contact					the protection of both the casualty and any rescuers.	the casualty's chest movement). If the casualty is not breathing, then an AED should be used where available.				
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Reviewed By	Date	Comments

		Likelihood		
Impact ↑	3	6	9	
	med	high		
2	4	6		



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	low	med	high
1	2	3	
low	low	med	

Impact Level	
Level	Description
Low (1)	Minor/superficial injuries. Local first aid treatment or absence from work for less than 3 days.
Medium (2)	Serious injury causing hospitalisation, less than 3 days. Rehabilitation could last for several months.
High (3)	Major Injury or Death; Loss of limb or life-threatening conditions. In hospital for more than 3 days, and/or subject to extensive prolonged course of medical treatment and support.

Likelihood	
Level	Description
Low (1)	Will probably occur in most circumstances
Medium (2)	Might occur at some time
High (3)	May occur only in exceptional circumstances

Member Confirmation of Understanding:		
Date	Name	Signature



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